

PLAS FFYNNON MEDICAL CENTRE
TRAVEL RISK ASSESSMENT FORM

Please complete all of this form prior to your travel appointment and email it to us
admin.pfmc@nhs.net at least 1 week before your travel appointment.

Please visit nathnac.net and fitfortravel.nhs.uk to assess your own risks and vaccinations you may need – before your appointment.

Please note that Travel Vaccinations are not supplied by the NHS and there is therefore a charge for this service.

Personal details							
Name:				Date of birth:			
				Male [] Female []			
Easiest contact telephone number:							
Date of Departure:							
Return date or overall length of trip:							
Itinerary and purpose of visit:-							
Countries to be visited	Specific Area/Place visiting/staying while there			Length of stay	Away from medical help at destination, if yes, how remote?		
1.							
2.							
3.							
Please tick as appropriate below to best describe your trip:-							
1. Type of trip	Business		Pleasure		Other		
2. Holiday type	Package		Self-organised		Backpacking		
	Camping		Cruise ship		Trekking		
3. Accommodation	Hotel		Relatives / family home		Other		
4. Travelling	Alone		With family / friend		In a group		
5. Staying in area which is	Urban		Rural		Altitude		
6. Planned activities	Safari		Adventure		Other		

Personal medical history
Do you have any recent or past medical history of note? (Including diabetes, heart or lung conditions, thymus disorder)
List any current or repeat medications
Do you have any allergies for example to eggs, antibiotics, nuts?
Have you ever had a serious reaction to a vaccine given to you before?
Does having an injection make you feel faint?
Do you or any close family members have epilepsy?
Do you have any history or mental illness including depression or anxiety
Have you recently undergone radiotherapy, chemotherapy or steroid treatment?
<i>Women only:</i> Are you pregnant or planning pregnancy or breast feeding?
Have you taken out travel insurance and if you have a medical condition, informed the insurance company about his? Does the insurance you have cover any activities you have planned.
Please write below any further information which may be relevant

Vaccination History					
Have you ever had any of the following vaccinations / malaria tablets and if so when?					
Tetanus		Polio		Diphtheria	
Typhoid		Hepatitis A		Hepatitis B	
Meningitis		Yellow Fever		Influenza	
Rabies		Jap B Enceph		Tick Borne	
Other					
Malaria tablets					

For discussion when risk assessment is performed within your appointment:

I have no reason to think that I might be pregnant. I have received information on the risks and benefits of the vaccines recommended and have had the opportunity to ask questions. I consent to the vaccines being given.

Signed _____ Date _____

For official use

Patient Name:

Travel risk assessment performed Yes [] No []

TRAVEL VACCINES RECOMMENDED FOR THIS TRIP:-

Disease protection	Yes	No	Further information
Hepatitis A			
Hepatitis B			
Typhoid			
Cholera			
Tetanus			
Diphtheria			
Polio			
Meningitis ACWY			
Yellow Fever			
Rabies			
Japanese B Encephalitis			
Other			

TRAVEL ADVICE AND LEAFLETS GIVEN AS PER TRAVEL PROTOCOL:-

Food water and personal hygiene advice		Travellers' diarrhoea		Hepatitis B and HIV	
Insect bite prevention		Animal bites		Accidents	
Insurance		Air travel		Sun and heat protection	
Websites		Travel Record card supplied			
		OTHER			

MALARIA PREVENTION ADVICE and MALARIA CHEMOPROPHYLAXIS:-

Chloroquine and proguanil		Atovaquone + proguanil (Malarone)	
Chloroquine		Mefloquine	
Doxycycline		Malaria advice leaflet given	

FURTHER INFORMATION

e.g. weight of child

Signed by:

Position:

Date:

If you would like this letter or information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call us on 01691 655844 or email admin.pfmc@nhs.net
Travel Vaccines Price list